



Lindsay Knowles

Of Counsel

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Lindsay Knowles is Of Counsel in Ice Miller's Workplace Solutions Employee Benefits Group, where she counsels governmental employers—including state governments, municipalities, and other public entities—on a wide range of employee benefits matters. Her practice focuses on the design, administration, and compliance of qualified governmental retirement plans, including defined benefit and defined contribution plans such as 401(a), 403(b), and 457(b) plans. Lindsay regularly assists clients with complex federal tax and compliance issues under the Internal Revenue Code, including plan qualification, correction procedures, and benefit taxation. Her work includes obtaining IRS determination letters, private letter rulings, closing agreements, and preparing filings under the IRS correction programs (EPCRS). She also provides guidance on plan governance, fiduciary responsibilities, and operational best practices. Lindsay's clients range from small municipalities to large statewide systems, and she is known for her practical, solutions-oriented approach to navigating regulatory challenges. She is an active member of the National Association of Public Pension Attorneys (NAPPA) and frequently collaborates with peers across the country on emerging legal and policy issues affecting public retirement systems.

A native of Indianapolis, Lindsay earned her B.A. in Sociology and Political Science from Indiana University and her J.D., *cum laude*, from the University of Georgia School of Law. She is admitted to practice in Indiana and counsels governmental clients nationwide.

Education

- Indiana University (2001)
 - Sociology and Political Science
- University of Georgia (J.D., *cum laude*, 2006)

Admissions

- Indiana

Professional Affiliations

- National Association of Public Pension Attorneys
- Indiana Bar Association, Pension and Benefit Law Committee

Services & Industries

- 457 Plans
- Benefit Compliance & Correction Programs
- Benefit Disputes & Litigation
- Benefits Communications
- Employee Benefits
- Government
- Multi-Employer Plan Issues
- Retirement Plans

Published In

- "Are Plan Forfeitures Being Properly Used in Qualified Retirement Plans? The Internal Revenue Service May Have a Different Opinion," *Benefits Law Journal*, Winter 2024

Thought Leadership

April 8, 2026

USPS Postmark Rule Change Creates New Compliance Risks for Employee Benefit Plans

March 24, 2026

Retirement of IRS FIRE System and Mandatory Transition to IRIS

February 2, 2026

IRS Modifies Language in the Safe Harbor Special Tax Notice

January 6, 2026

2026 Is Here—Is Your Plan Ready? Required Amendments, Tax Tables, and TEFRA Reminders

December 4, 2025

New Maximum Dollar Limits for Tax Year 2026: How the Contribution Limits Interact When an Employer Sponsors Multiple Retirement Plans

November 13, 2025

IRS Releases Updated Cost of Living Adjustments and Maximum Dollar Limits for Tax Year 2026

November 6, 2025

***Kiplinger's Adviser Intel* | Catch-Up Contributions for Higher Earners in 457(b) Plans: What You Need to Know**
Kiplinger's Adviser Intel

September 23, 2025

IRS Issues Final Regulations on Roth Catch-Up Mandate for Higher Earners Ahead of Implementation Deadline

September 15, 2025

Withholding and Reporting Obligations for Re-Issued Distribution Checks

July 24, 2025

Roth Catch-Up Requirements for Special Catch-Up Contributions in 457(b) Plans

July 10, 2025

Avoiding Impermissible CODAs in Governmental Pension Plan Reform and Enhancement

June 18, 2025

Uncertainty at the IRS: Why Qualified Pension Plans Should Self-Audit

February 25, 2025

Quade | New 401(k) Plan Requirements End Pre-Tax Catch-Up Contributions for High Earners
Quade Blog

January 17, 2025

IRS Issues Proposed Regulations on SECURE 2.0 Catch-up Provisions

January 2025

Employee Benefit Plan Review | SECURE Developments: The Final and New Proposed RMD Regulations

Employee Benefit Plan Review

December 26, 2024

Congress Repeals Social Security Benefit Reductions for Public Employees

November 15, 2024

To Be (Retired) or Not to Be (Retired)? – That Is the Question

November 7, 2024

2025 Cost of Living Adjustments for Your Retirement Plan Administration

November 1, 2024

Are Plan Forfeitures Being Properly Utilized in Qualified Retirement Plans? The IRS May Have a Different Opinion

August 23, 2024

SECURE Developments – Final and New Proposed RMD Regulations Issued

January 8, 2024

Just in Time for the New Year, IRS Issues Miscellaneous Implementation Guidance for SECURE 2.0 Changes

December 20, 2023

In the Nick of Time Before Effective Date: IRS Issues Proposed Regulations for the Long-Term, Part-Time Employee Rules

November 9, 2023

2024 Cost of Living Adjustments for Your Retirement Plan Administration

August 29, 2023

Welcome Delay of SECURE 2.0 Roth Catch-Up Contribution Requirement

August 29, 2023

Social Security Replacement Plan Participants May Be Exempt from SECURE 2.0 Roth Catch-Up Contributions

January 17, 2023

Secure 2.0 Highlights for Retirement Plan Sponsors

June 16, 2022

New Federal Tax Withholding Forms W-4P and W-4R: Is Your Retirement System Ready?

June 13, 2022

IRS Announces New “Pre-Audit” Pilot Program for Retirement Plans

January 27, 2022

Expect the Breach of Fiduciary Duty Cases to Keep on Coming

January 21, 2022

IRS Finalizes 2022 Federal Tax Withholding Guidance and Forms

November 1, 2021

Update: The New IRS Draft Forms for Tax Withholding from Benefit Payments: What You Need to Know

October 25, 2021

New Emphasis in ESG and Proxy Voting Rules Under Proposed Department of Labor Regulations

July 19, 2021

IRS Updates the EPCRS Correction Program (Rev. Proc. 2021-30)

March 12, 2021

Reminder: Annual Tax Withholding Notice and New IRS Draft Withholding Form W-4R

December 29, 2020

Consolidated Appropriations Act of 2021

December 8, 2020

IRS Issues 2020 Required Amendments List

November 12, 2020

IRS Issues Final Regulations Updating Required Minimum Distribution Life Expectancy Tables

National Association of State Retirement Administrators (NASRA) News Clips

October 5, 2020

IRS Issues Final Regulations on Income Tax Withholding on Certain Periodic Retirement and Annuity Payments made After December 31, 2020

August 25, 2020

IRS Modifies Language in the Safe Harbor Special Tax Notice

June 29, 2020

IRS Releases Important Guidance Regarding Coronavirus-Related Distributions, Loans and RMD Waivers under the CARES Act

May 21, 2020

COVID-19 Extensions Are Not Mandatory for Governmental Plans

March 26, 2020

IRS Issues 2020 Form W-4P

March 24, 2020

FAQs Regarding COVID-19 and Governmental Retirement Plans

January 10, 2020

DEVELOPMENT: Reduced Age for In-Service Distributions

December 27, 2019

SECURE Act Becomes Law

Speaking Engagements

- "Automatic Contribution Arrangements," National Association of Public Pension Attorneys Summer Meeting, June 26, 2019
- "ERISA and Non-ERISA Pension Legislative Updates," Indiana Benefits Conference, September 11, 2018