



Tiffany M. Releford

Partner

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Tiffany Releford is a seasoned attorney who understands the legal ins-and-outs of the workplace. As a partner in Ice Miller's Workplace Solutions Group, her background in human resources gives her the knowledge to navigate complex issues that lie at the intersection of separation and hiring, disability, and discrimination issues. She also provides trainings on equal employment opportunity laws and conducts workplace investigations.

Tiffany is a problem-solver who has appeared before state and federal courts, the Equal Employment Opportunity Commission (EEOC), Maryland Commission on Civil Rights, the D.C. Office of Human Rights, and the Prince George's County Human Relations Commission. She routinely counsels large and small businesses, nonprofit associations, employers, community associations and individuals in matters involving discrimination based on disability, gender, sexual orientation, race, religion, and age.

Tiffany has a background in human resources which allows her to proactively assist employers in minimizing risks by working to resolve matters before they become larger issues.

Education

- University of Maryland College Park (B.A., 1999)
 - Psychology
- University of Baltimore (M.S., 2004)
 - Applied Psychology – Industrial and Organizational Psychology
- Howard University School of Law (J.D., 2005)

Admissions

- District of Columbia
- United States District Court - District of Columbia
- Maryland
- United States District Court - District of Maryland
- Virginia

Services & Industries

- Employment Discrimination
- Employment Litigation & Disputes
- Higher Education Labor & Employment Services
- Labor & Employment
- Nonprofit & Tax Exempt Services
- Trump 2.0 Hub - Navigating the Second Term
- Workplace Investigations

Professional Affiliations

- Advisor, Attorney General-elect Anthony Brown's Transition Steering Committee
- Member, District of Columbia Bar Association
- Member, Maryland State Bar Association
- Member, Virginia State Bar Association
- American Society of Association Executives

Awards & Honors

- Benchmark Litigation: Labor & Employment Guide, District of Columbia Labor & Employment Star, 2019-Present
- The *Best Lawyers in America*®, Community Association Law, 2021-2026; Litigation – Labor and Employment, 2024-2027
- Washington, D.C. *Super Lawyers Rising Stars*, Employment & Labor, 2014–2017

Community Involvement

- Commissioner, Howard County Human Rights Commission
- Past Commissioner, Montgomery County Human Rights Commission
- Past Appointee, Howard County Trial Court Judicial Nominating Commission

Thought Leadership

April 14, 2026

Quade | Why Whistleblower Claims Are Surging and How Employers Can Reduce Retaliation Risk

Quade Blog

March 31, 2026

Why Whistleblower Claims Are Surging and How Employers Can Reduce Retaliation Risk

October 3, 2025

***Sports Litigation Alert* | Johnson v. NCAA and the Looming Employment Question in Collegiate Athletics**

Sports Litigation Alert

July 8, 2025

Practical Impact of the U.S. Supreme Court's Injunction Ruling on Employers

April 2, 2025

The Evolving Diversity, Equity, and Inclusion Landscape: What to Do Now?

February 20, 2025

Trump U.S. Department of Education Rescinds Biden Administration NIL Title IX Guidance Previewing a Contentious 2025 for Title IX

February 19, 2025

Update on Implementation of Trump Executive Orders Related to Federal Contracting

February 10, 2025

House, Title IX, the Evolution of NIL, and College Athletics' Looming Employment Question Promises a Busy 2025 for College Athletics

October 11, 2024

The Political Divide: Maintaining Civility in the Workplace During an Election Cycle